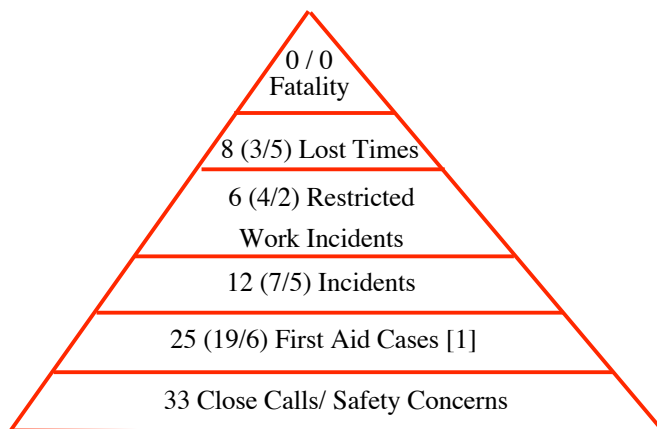


LaRC SAFETY HIGHLIGHTS

March 1, 2004

FY 2004

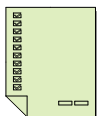


Total Cases (civil servant/contractor)

[] = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents, and Restricted Work Incidents.
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Close Calls and Safety Concerns may be viewed at:
http://safety.larc.nasa.gov/OSFAHomePageStuff/osma_docs/SafetyConcerns.xls



Safety Highlight Format Change - Effective with today's issue of the Safety Highlights, the above triangle now reflects injuries/illnesses sustained by both civil servant and contractor personnel, as well as the number of close calls and safety concerns reported to the Safety and Facility Assurance Office.



Injury/Mishap Information

- The Center has been **10** days **without** a Civil Servant or Contractor **Lost Time Injury. (Record 433 days)**
- The following first aid case involving a civil servant was reported:
 - A SEC employee sustained a left finger laceration while opening a jar, when it broke.



Safety Topic of the Month - Back Safety - Proper lifting techniques and material handling are key elements in preventing back injuries on the job and in the home. To properly lift an object, get a firm footing, bend your knees, lift with your legs, keep the load close to your body, don't twist your body, and keep your back straight. When moving heavy materials using a hand cart, push the item instead of pulling to reduce the strain on your back. Get assistance if the load is too heavy.